



# “HOSEN” Center Rehabilitation and Therapeutic Garden Renovation

## Background

The “HOSEN” center has been operating for twenty-five years and treats more than 400 patients a year .

The center is located in Be'er Sheva and serves the population of all southern Israel: Adults, Children, new immigrants from the former Soviet Union, Ethiopia as well as the large Arab Bedouin population living in the surrounding area.

Many of the centers’ patients also struggle with mental health problems such as PTSD, depression, anxiety and schizophrenia.

A personalized program is built individually for each patient and can include personal sessions, group therapy, and occupational rehabilitation programs.

Body and mind therapy together with physical activity has proven to be beneficial to patients’ rehabilitation.

## Garden Renovation Project

“HOSEN” center building is surrounded by a plot of land .With your help, we would like to renovate the garden's appearance and establish seating areas. We wish to improve the center’s services by constructing a designated area for a communal therapeutic garden.

The garden will be used to promote treatment goals and rehabilitation for our patients and their families.

The complimentary youth center nearby, which treats teenagers with substance misuse disorder will use this new facility as well.

In the future, the new compound will be used for joint activities with tangent organizations and populations in the city and its surrounding area.

Renovation of the garden will enable external activities with the center patients’ Outdoor activity, working in the garden and connecting with nature, have a high therapeutic value.

We strongly believe that this will be a significant aid for our patients in achieving their goals: learning more adaptive coping skills, empowerment and employment skills, a place to reconnect with themselves and with family members, learning to trust oneself and so much more.

## Donation

We would be grateful for a donation in the amount of: CAD \$80,000.



| ITEM                                 | Total Cost CAD\$ |
|--------------------------------------|------------------|
| Front Garden Seating Area            | 20,000           |
| Community Therapeutic Garden         | 20,000           |
| Outdoor Training Area with Equipment | 40,000           |



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Beersheba